



**Board in Motion** (BiM) is an ARC of Greater Columbus (ARCGC) program, developed by the Service Delivery Committee, which provides opportunities for our Directors to **experience our services**. Since, thankfully, most Directors will never face a disaster, experience sudden cardiac arrest, or lack transportation to a medical appointment, these experiences are intended to create a connection with the people we serve and provide insights essential for effective governance.

There are three primary **Board in Motion** opportunities:

- Shadow a Disaster Action Team (DAT) response to a fire
- Help the Community Transportation Program (CTP) get seniors to their medical appointments
- Complete a First Aid and/or CPR/AED class

The SDC recommends that, as a minimum, each Director participate in the CPR/AED and/or First Aid Certification every year of their board membership – giving us **100% participation** in that program. As representative leadership of ARCGC it is encouraged that all Directors be prepared to respond to individual emergency situations and CPR/AED/ First Aid is at the core of preparedness and response activities.

Additionally, The SDC hopes that each Director will participate in at least one different **BiM** activity each year (DAT, CTP, FA/CPR) – giving us **100% participation** in the BiM program to get the full picture of the ARCGC service activities. In the near future, the SDC will develop a reporting mechanism to track participation and display results at board meetings and in the **CEO Report**.

**Shadow a Disaster Action Team (DAT) response to a fire**

To discuss your availability, call or email **Tonya Craft** at [CraftT@usa.redcross.org](mailto:CraftT@usa.redcross.org) (253-2740 x2274) in Emergency Services (ES) identifying yourself as a Director interested in the BiM program.

- We will ask for a set of dates/times when you believe that you will be available and not require that you guarantee availability in advance. If you cannot accept the assignment when called, we will simply try again using the dates/times you have provided. **When you do accept the assignment, you must be available to report to the chapter HQ within 45 minutes.**

**Help a Community Transportation Driver Get Seniors to Medical appointments**

E-mail or call Community Transportation Program Director **Carl Herring** [herringc@usa.redcross.org](mailto:herringc@usa.redcross.org) (253-2740 x2361) identifying yourself as a Director interested in the BiM program.

- Ideally, you will be able to commit to a 2-4 hour shift helping drivers pick up elderly, disabled or low income clients at their homes to transport them to medical appointments throughout the city. The Community Transportation Program can also schedule Directors for Saturday trips if the request is made by Wednesday close of business.

**Complete in a First Aid and/or CPR/AED Class**

E-mail or call **Assistant Director Margot Alloway** in our Health and Safety Services Department [allowaym@usa.redcross.org](mailto:allowaym@usa.redcross.org) (253-2740 x2299) identifying yourself as a Director interested in the BiM program. Margot will help steer you to a suitable course.