

## LOOKING FOR VOLUNTEER OPPORTUNITIES?



The American Red Cross provides first aid services at public festivals, sporting events and concerts across the area. Our team of trained volunteers is the emergency first aid front line for thousands of people who attend or participate in these events. The team conducts temporary First Aid and Basic Life Support until EMS professionals arrive.

The FAST program is looking for volunteers with various backgrounds and interests. You do not need to be already trained; we will train you! We are also looking for First Responders, EMT's, Paramedics, RN's, STNA's, Nursing Students, Medical School students, and anyone wanting to help others!

### SERVICES PERFORMED

- Basic First Aid and Wound Care
- Basic Life Support (CPR/AED)
- Breathing Related Emergencies
- Heat/Cold Related Emergencies
- Bites/Stings/Blisters/Burns
- Arm/Leg/Bone Injuries
- other emergencies as they arise

### BENEFITS OF FAST

- Free CPR/FA recertification
- Free Advanced Training  
CPR/AED for the Professional Rescuer and Healthcare Provider, Emergency O<sub>2</sub> and Emergency Medical Response (EMR)
- Networking opportunities with EMS/Healthcare Providers
- Practical skills experience
- Involvement with local community events

### EQUIPMENT CARRIED

- First Aid & Wound Care Supplies
- Emergency Oxygen & Breathing Equipment
- Automated External Defibrillators
- Cots/Blankets/Ice/Water/Radios
- BP/Pulse Ox/Temperature and much more!

### EVENTS WE STAFF

Schottenstein Center Concerts  
OSU Football, Basketball, Ice Hockey, Baseball - Columbus Marathon - Cap City Half Marathon Arts/Asian/Pride Festivals - OHSAA State Basketball, Wrestling, Track Championships - Various 5K races  
Herbstreit Classic - OSU Band Invitational... and more!

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